

how greate examples of vertues our Saviour Chritte hath geuen vnto vs herein: to witt, of patience, obedience, charitie, humilitie, meikenes, constancie, and of all other vertues, whereof we haue hitherto treated.

Howbeit, althowghe it be a verie conuenient order of meditating vpon this holie misterie to passe orderlie by degreis through all theise forsaide considerations, takinge our beginnunge at the first consideration, and so to proceide in order from one consideration to an other, euen to the last: yet is it not needful for a man (so often as he meditateth vpon this holie misterie) to goe in this precise maner through them all, (for many times he shall not haue sufficient time for the same,) but let him content him selfe in his meditation with that consideration, wherein he shall finde most spirituall taste, and likinge: Forsomuch as in these exercises we must haue respecte not to the great quantitie of the matter that is meditated vpon, but to the great deuotion wherewith it is done.

*The ende of the first parte
of this booke.*

DEO GRATIAS.



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